

APPETIZERS

Calamari	8.99
½ Rack Ribs	9.99
Breaded Mozzarella	5.99
Breaded Mushrooms	5.99
Stuffed Mushrooms w/ Crab Meat	MARKET
Jalapeño Poppers	5.99
Bruschetta	6.99
Onion Rings	4.50
Chicken Fingers	6.50
Garlic Bread w/ Cheese	4.99
Homemade Chips	3.50
Homemade Chips	6.99
w/ bacon, cheddar & mozzarella	
Buffalo Chips	6.99
w/ buffalo sauce, blue cheese crumbles & shredded chicken	
French Fries	2.99
French Fries w/ Cheese or Gravy	3.99
French Fries Dusted w/ Cheddar Cheese	3.99
French Fries, Bacon, Mozzarella & Cheddar	5.99
Crab Fries	3.99
Pizza Fries	4.50
Steak Fries	3.50
Seared Scallops or Seared Scallops Wrapped in Bacon	MARKET
Pepperoni Sticks w/ sauce on side	1.75
Garlic Rolls w/ sauce on side75 4/2.75
Counter Bolis & Calzones	5.75

WINGS

Celery & Blue cheese on request

8-6.99 • 12-10.50 • 25-20.50 • 50-37.50 • 100-70.00

Boneless Wings

12-7.50 • 25-14.00 • 50-27.00 • 100-45.00

FRESHIES SAUCES

Fire • Hot • Mild • Honey BBQ • Honey Mustard • Cajun • Sweet Chili

STROMBOLIS

	SMALL 8.99	MEDIUM 12.99	LARGE 16.99
TOPPINGS	1.00	1.50	2.00

Cheesesteak	
Grilled Chicken & Cheese	
Grilled Chicken Bacon Ranch	
Italian Ham Salami Pepperoni	
Buffalo Chicken Cheesesteak	
Veggie	
Broccoli, spinach, tomatoes, onions, mushrooms, sweet peppers, black olives	
Ham and Cheese w/ Cheddar & Mozzarella	
Special Cheesesteak	
Pepperoni, bacon, fried onions, sweet peppers	

CALZONES

	SMALL 9.50	MEDIUM 13.50	LARGE 17.50
TOPPINGS	1.00	1.50	2.00

Spinach • Ham • Pepperoni • Steak • 5 Cheese • Veggie

GOURMET PIZZA

	12" 11.99	16" 15.99
Bacon Cheddar Cheeseburger		Cajun Chicken
Italian Grinder		Margarita
BBQ Chicken w/ Bacon		Fresh mozzarella, sauce, fresh basil
Ranch Chicken w/ Bacon		Chicken Broccoli Cheddar
& Tomatoes		& Mozzarella
Honey Mustard Chicken		Grilled Chicken Florentine
CheeseSteak		Spinach, fresh garlic, mozzarella
Eggplant, Spinach & Ricotta		Grilled Chicken Broccoli Alfredo
Buffalo Chicken		Capri
Meat Lover		Broccoli, spinach, tomatoes, ricotta, fresh garlic, mozzarella

PIZZA

Plain	Small 9.50	Large 11.50
White	Small 9.50	Large 12.00
Sicilian 16"		14.00
Gluten Free 12"		10.99
Tomato Pie		11.50
Pan Pizza 14" only		11.95

SLICES - PLAIN 2.00 • 1 TOPPING 2.35 • SPECIAL 3.25
STUFFED 4.25 • SICILIAN 2.00

TOPPINGS

Small 1.25 Large 1.75 Sicilian & Tomato Pie 2.00
Pepperoni • Mushrooms • Sausage • Green Peppers • Onions
Black Olives • Ham • Spinach
Bacon • Red Peppers • Tomatoes • Extra Cheese • Anchovies
Meatballs • Broccoli • Sweet Peppers

SPECIAL TOPPINGS

Small 2.50 Large 3.25 Sicilian & Tomato Pie 4.00
Steak • Grilled Chicken • Shrimp
Pineapple • Fresh Mozzarella • Ricotta Cheese • Crab

STUFFED PIZZA

	Small 13.99	Large 18.99
Cheesesteak		Spinach, Ricotta & Sauce
Pepperoni, fried onions, sweet peppers		7 Veggies Sautéed w/ fresh garlic
Italian Grinder		California Bacon Cheeseburger
Ham, salami, capicola, pepper ham, onions, tomatoes & special sauce		Lettuce, tomatoes, onions, cheddar
Chicken Parmesan & Spaghetti		Cheddar Bacon Cheeseburger
Baked Penne & Meatball		Grilled Cajun Chicken
Buffalo Chicken		w/ Sautéed red onions

FRESHIES CLASSICS

Hot Pork	9.99
Smothered in BBQ sauce, red roasted peppers & sharp provolone	
10oz Burger	8.99
Thick sliced bacon, fried egg, ham & cheese	
Eggplant w/ Roasted Red Peppers & Spinach	9.99
Ricotta baked w/ mozzarella	
Grilled Chicken Sandwich	9.99
Smothered in buffalo sauce, bacon & blue cheese crumbles	
Roast Beef	10.99
Provolone, touch of gravy w/ au jus & horseradish sauce	
Hot or Sweet Italian Sausage	8.99
Grilled green peppers, onions, sharp provolone, sauce	
Giant Reuben	8.99
Smothered in 1000 island dressing, sauerkraut & Swiss	
Steak & Fried Shrimp	11.99
Steak w/ fried shrimp. Topped w/ bacon & spicy BBQ sauce	

STEAKS & CHICKEN STEAKS

	8" Sm	12" Med	18" Lg
Plain Steak	6.50	8.00	12.50
Plain Chicken Steak	6.50	8.00	12.50
Cheesesteak	7.00	8.50	13.50
Chicken Cheesesteak	7.00	8.50	13.50
Pizza Steak	7.50	9.00	14.00
Cheesesteak Hoagie	7.50	9.00	14.00
Lettuce, tomatoes, mayonnaise, onions			
Buffalo Chicken Cheesesteak	7.50	9.00	14.00
Special Steak	8.50	10.50	15.25
Fried onions, sweet peppers, hot peppers, mushrooms, sauce, bacon, cheese			
BBQ Cheesesteak w/ Bacon	8.50	10.50	15.25
BBQ Chicken Cheesesteak w/ Bacon	8.50	10.50	15.25
Chicken Cheesesteak Italiano	8.00	10.00	14.25
Spinach, fresh garlic, provolone			

HOT SANDWICHES

	8" Sm	12" Med	18" Lg
Meatball Sandwich	5.25	7.50	12.25
Meatball Parm	6.00	8.25	13.75
Chicken Parm	6.00	8.25	13.75
Grilled Chicken Parm	6.00	8.25	13.75
Veal Parm	6.50	8.75	14.75
Eggplant Parm	6.00	8.25	13.75
Sausage, Green Peppers, Fried Onions Parm	6.00	8.25	13.75
Hot Pork & Sharp Provolone	6.50	8.75	14.25
Hot Beef w/ Gravy	6.50	8.75	14.95
Grilled Chicken	6.50	8.75	14.50
Tomatoes, bacon & ranch dressing			
Grilled Chicken Sandwich	6.25	8.25	14.25
Honey mustard & guacamole			
Hot Turkey	6.50	8.50	14.50
With french fries & cranberry sauce on the sandwich			
Pepper and Egg	6.25	8.25	13.75
Hot, sweet, green or any pepper			

PASTA DINNERS

Spaghetti & Sauce	8.95
Spaghetti & Meatballs, Sausage, or Meat Sauce	10.95
Cheese Ravioli	10.95
Spinach Manicotti or Manicotti	10.95
Pasta Combo	12.95
Ravioli, meat tortellini, homemade spaghetti & meat sauce	
Gnocchi w/ Sauce or Meat Sauce	10.95
Fettuccine Alfredo w/ Chicken, Shrimp or Lobster	12.95
Linguine w/ Red or White Clam Sauce	13.95
Penne w/ Pink Vodka Sauce	11.95
Farfalle Portofino Pink sauce w/ chicken, shrimp & sausage	12.95
Baked Penne w/ Meatball & Sausage	11.95
Meat Lasagna	11.95
Cheese Lasagna	10.95
Eggplant Parmesan w/ Side of Homemade Spaghetti	11.95

SEAFOOD DINNERS

Fried Shrimp	10.95	Fried Clams	10.95
Fried Calamari	10.95	Fried Flounder	9.95
Cajun Shrimp Wrapped in Bacon	11.95		
Fried then tossed in spicy BBQ or hot sauce			
2 Crab Cakes	11.95		
Seafood Combo (1 crab cake, 2 shrimp, 2 scallops, 2 buffalo shrimp) ..	15.95		
Buffalo Fried Shrimp	11.95	Fried Oyster	11.95

All Dinners come w/ Steak Fries, Cole Slaw, any sauces or butter

2 LARGE PIES
\$18.99

FRESHIES PIZZA & GRILL

\$5.00 OFF

ANY ORDER OVER \$40.00

FRESHIES PIZZA & GRILL

BUY ANY 2 MEDIUM HOT SANDWICHES GET 1 SMALL FREE

FRESHIES PIZZA & GRILL

LARGE PIZZA, 12 WINGS (ANY STYLE) 2 LITER SODA
\$20.99

FRESHIES PIZZA & GRILL

BUY ANY PASTA DINNER RECEIVE 2ND DINNER 1/2 PRICE

FRESHIES PIZZA & GRILL

MONDAY, TUESDAY & WEDNESDAY SPECIALS

SPAGHETTI W/ 1 MEATBALL & GARLIC ROLL
\$5.99

2 SLICES & FOUNTAIN DRINK
\$3.99

ANTIPASTA & GARLIC ROLL
\$7.99

2 LARGE PIES
\$18.99

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ANY ORDER
OVER \$40.00

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HOT SANDWICHES
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ANTIPASTA
& GARLIC ROLL
\$7.99

SALADS

House	6.95
Chef	7.95
Taco	9.95
Caesar	6.95
Classic Grilled Chicken	8.95
Honey Mustard Chicken Finger Salad	8.95
Spinach Salad	7.95
Caprese	8.95
Fresh mozzarella, tomatoes, basil, balsamic glaze	
Pasta Salad	6.95
Cajun chicken, Italian bowtie, tortellini ranch	
Grilled Cajun Chicken	8.95
Antipasta	9.95

Dressings

Balsamic • Oil & Vinegar • Creamy Italian • French
Ranch • Italian • Blue Cheese • Lite Italian • Garlic Parmesan

SOUPS

Chili (slightly hot)	4.99
Pasta Fagoli & Italian Wedding	3.99
Soup of the Day	3.99

BURGERS

Bacon Cheeseburger	6.99
Cheddar, American & an onion ring	
Pizza Burger	6.00
Smothered in sauce & mozzarella	
California Burger	5.75
Ketchup, mayonnaise, lettuce, tomato, onions	
Blue Cheeseburger	6.50
Hot sauce	
Stir Fry Burger	6.50
Caramelized onions, green peppers, mushrooms, provolone, teriyaki sauce	
Mushroom Swiss Burger	6.50
A1 Cheeseburger	5.75
Hamburger	4.00
Cheeseburger	4.75
Add-A-Burger	3.00

WRAPS & CLUBS

Italian	7.50
Ham & Cheese	7.50
Cajun Chicken	7.50
Turkey	7.50
Tuna	7.50
Roast Beef	7.50
Roast Pork	7.50
Cheeseburger	7.50
Grilled Chicken	7.50
Honey Mustard Chicken	7.50

HOAGIES

	8" Sm	12" Med	18" Lg
Freshies Special	6.50	8.50	13.50
Sharp provolone, suppresata, ham, capicola, salami, pepper ham w/ Italian dressing			
Italian	6.50	8.50	13.50
Ham, salami, provolone, capicola & pepper ham			
Ham and Cheese	6.50	8.50	13.50
Turkey	6.50	8.50	13.50
Tuna	6.50	8.50	13.50
Roast Beef	6.50	8.50	13.50
Roast Pork	6.50	8.50	13.50
Norristown Zep	4.99(round roll)	5.99	7.49
Grinders add .75			

PANINIS

Margarita Sliced tomato, fresh mozzarella, basil, balsamic glaze	8.99
Eggplant Red roasted peppers, spinach, ricotta w/ sauce on side	8.99
Meat Lovers	8.99
Pepperoni, capicola, salami, prosciutto, sharp provolone, lettuce, tomatoes, Italian dressing	
Veggie	8.99
Broccoli, spinach, tomatoes, onions, sweet peppers, black olives, mushrooms, fresh garlic, sharp provolone, olive oil	
Marinated Chicken Breast	8.99
Roasted red peppers, spinach, sharp provolone	
Cajun Chicken Caramelized onions, provolone, cajun sauce	8.99
Meatball Parm	8.99
Sliced meatball, green peppers, fried onions, parmesan, mozzarella, sauce on side	
Italian Ham, salami, provolone, capicola, pepper ham	8.99

KIDS MENU

Chicken Fingers	5.99	Ravioli	4.99
Spaghetti & Meatball	4.99	Mac & Cheese	4.99
Sliders Chicken, beef & meatball	5.99		

DESSERTS

Cheesecake	4.50
S'mores Lava Cake	5.99
Lemon Cake	4.50
Cannoli Dipped in Chocolate	Small 1.50
Milkshake Vanilla, Chocolate, Strawberry, Shake of the Week	4.99

DRINKS

Featuring Coca Cola products

Fountain Soda- 20oz1.79
Coke, Diet Coke, Sprite, Barq's Root Beer, Mello Yello, Hi-C Fruit Punch
We also have 2 liters and 20oz bottles to go

Iced Tea1.79
Sweet Green, Raspberry, Sweet & Unsweetened

Coffee1.25
Regular & Decaf
Ask about our special brews

Hot Cocoa1.25

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs, may increase your risk of foodborne illness, especially if you have certain medical conditions.

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